

# USA Geriatric Services



## JOURNAL CHECKLIST

### DAILY JOURNAL CHECKLIST

- ✓ Cognition
- ✓ Eating Habits
- ✓ Sleeping Patterns
- ✓ Bathroom Needs
- ✓ Mobility Status/Falls?
- ✓ Current Assistance Required

### MONTHLY CONSIDERATIONS

- ✓ Are All Legal Documents Up To Date?
- ✓ Are Medical Visits Occuring More Often?
- ✓ What Caregiver Duties Increased?
- ✓ Is More Money Being Spent?
- ✓ How Much More Time Are You Spending In Being A Caregiver?
- ✓ What Medication Changed?

**Notes :**

**Notes :**

# Daily Journal Entries

Date:

Cognition:

Eating Habits:

Sleeping Pattern:

Bathroom Needs:

Mobility Status:

Current ADL Needs:

General  
Observations:

# Monthly Journal Comparisons

## What Changed From A Month Ago?

Date:

Cognition:

Eating Habits:

Sleeping Pattern:

Bathroom Needs:

Mobility Status:

Current ADL Needs:

General  
Observations: