

## Would You Benefit From Utilizing USAGS Checklist

### Check All That Apply To You:

- You are an overwhelmed caregiver
- You are either nearing or in caregiver burnout
- You don't have the time to figure out what next to do
- You don't have the knowledge to know what next steps are best for your aging loved one
- You live far away from your loved one and need help
- Your older adult refuses to talk to you about their health
- You need help solving problems with the current living situation
- You're confused and don't know what to do next
- You have questions and just need to talk to an expert about your loved one's current situation